

Astro 404  
Lecture 27  
Oct. 27, 2021

Announcements:

- **PS8 due Friday**

- Office Hours:

Instructor–Wed after class, or by appointment

TA: Thur 2:30–3:30

Last time: **convection**

*Q: what is it? everyday examples?*

## Convection

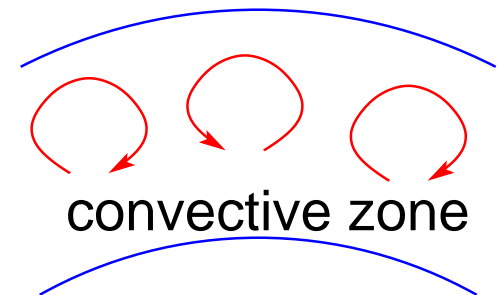
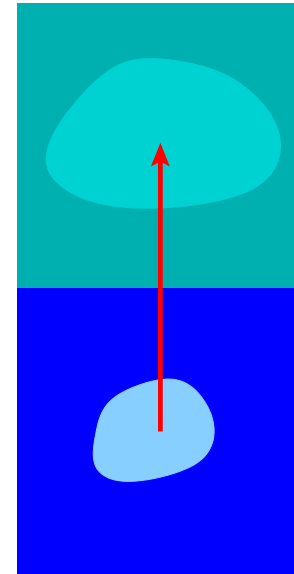
instability in unevenly heated fluids  
when supported by gravity

heated fluid rises, cooler fluid falls  
“boiling” motion develops  
as in water/soup on stove

www: stellar examples

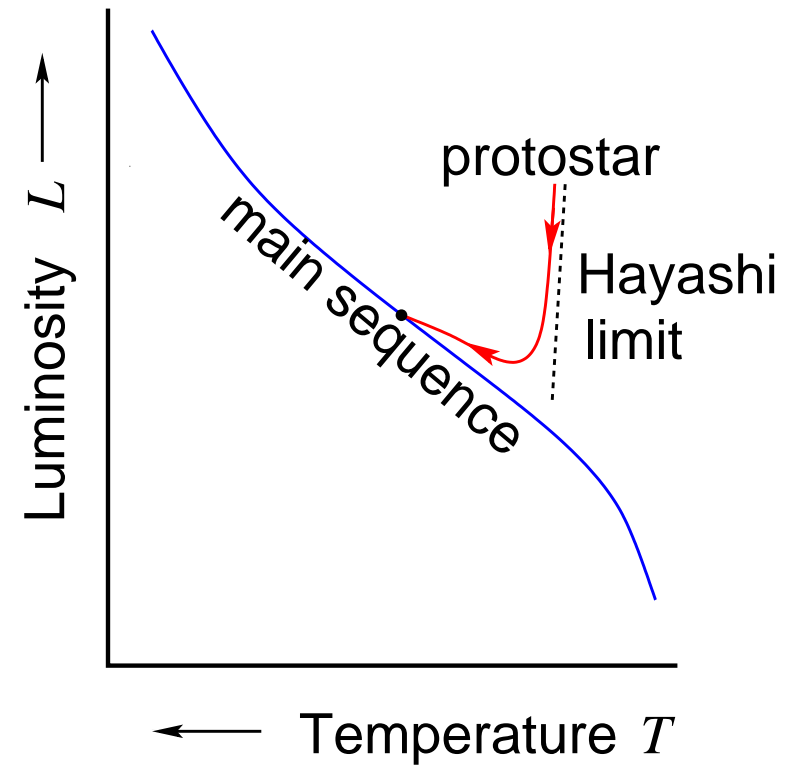
effects of convection

- transports heat outwards
- smooths temperature gradients
- mixes material in convective zone



## Proto-Stars: Pre-Main Sequence

- Initial contraction: nearly freefall
- density increases, becomes opaque  
compressional heating trapped  
becomes fully convective  
on HR: near steep Hayashi limit
- heat destroys molecules, ionizes atoms  
on HR: minimum  $L$
- fully ionized star contracts and heats  
on HR:  $L$  increases
- hydrogen burning stabilizes star  
on HR: **zero age main sequence**



## Poll: Guess the Convection

Which main sequence stars have convective cores?

*Hint:* convection driven when temperature gradient  $|dT/dr|$  steep in which stars is H burning heating most uneven?

- A** high-mass main sequence stars
- B** low-mass main sequence stars

# Convection on the Main Sequence

*convection driven by strong temperature gradients*

think soup on a stove!

high-mass stars:

- have high  $\langle kT \rangle \sim GMm_g/R$
- burn H in CNO cycle: energy generation  $q_{\text{CNO}} \propto T^{16}$ !  
severe  $T$  dependence drives  $T$  gradient and thus convection

so **high-mass main sequence stars have convective cores**

- burn fuel more efficiently, extends still-short lifetime
- at end of main sequence, convection sets mass and size of helium core

<sub>5</sub> but *core of low-mass stars (including Sun) not convective*

- energy transport is radiative diffusion
- helium core size set by region of helium production

# Beyond the Main Sequence

## Post-Main Sequence Stellar Evolution

recall: energy conservation teaches: *all stars must die!*

*how a star dies is controlled primarily by its mass*

though binarity, rotation, composition also important

at end of main sequence: *helium core is about 10% of star mass*

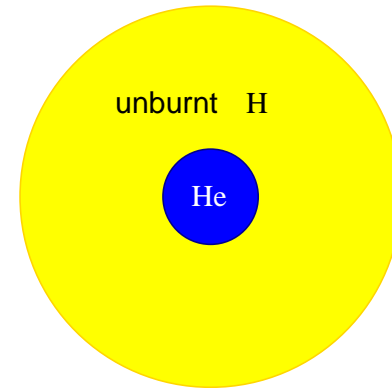
we first consider effects for low-mass stars

$M \lesssim 2M_{\odot}$  – this includes the Sun

## Poll: A Helium-Core Sun

What happens *first* when *all* core H converted to He?

- A** the Sun's core expands
- B** the Sun's core contracts
- C** the Sun begins to burn helium
- D** the Sun ignites unburnt hydrogen outside core





## Low Mass Stars: Core Hydrogen Exhaustion

as core hydrogen exhausted, core fusion ends  
heat loss → lower temperature → lower pressure

hydrostatic equilibrium lost: *core contracts*

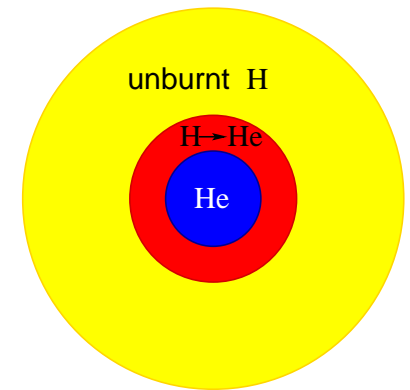
- core density rises until degeneracy sets in
- contraction halts when degeneracy pressure supports core

*Q: effect on region surrounding helium core?*

## Hydrogen Shell Burning

as helium core contracts

- H material overlying core also contracts, heats new fuel, can begin to fuse!
- **H burning ignites in shell around core**



H shell burning occurs above degenerate core

- high density and temperature: **high  $L$**
- increases mass of He core, shell thins and propagates out

*Q: response of outer layers—envelope?*

# Red Giant Phase

injection of energy in shell

throws envelope out of equilibrium

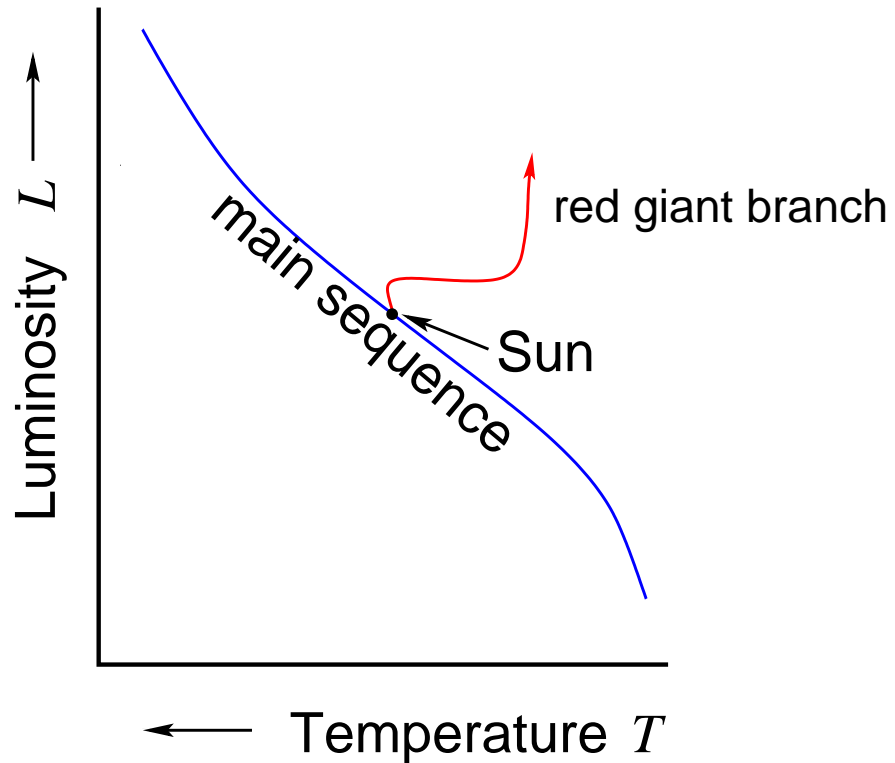
- *star outer layers expand by factor  $\sim 100$*
- so surface  $T_{\text{eff}} \propto L^{1/4}/R^{1/2}$  drops
- star becomes **red giant**
- for Sun: red giant radius  $R_{\text{RG}} \simeq 1 \text{ au}$  (PS9)  
Mercury and Venus consumed, unclear if Earth will survive!

## “mirror” effect of shell burning:

- core contraction, envelope expansion
- total gravitational potential energy  $\Omega$  roughly conserved  
*core becomes more tightly bound, envelope less bound*

*Q: movement of star on HR diagram?*

## HR Diagram: Red Giant Phase



www: Gaia observed HR diagram for field stars

12

Q: *how to test?*

# Red Giants

shell burning accelerates  $\rightarrow L$  increase

envelope temperature levels off

$\rightarrow$  *revisit Hayashi track*

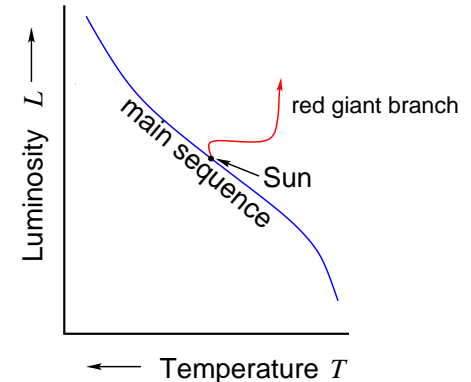
but now with *increasing* luminosity

RG phase takes most of remaining star lifetime

after main sequence:  $\tau_{RG,\odot} \sim 2 \text{ Gyr}$  for Sun

degenerate helium core: “baby white dwarf”

- mass  $M_{\text{He}}$  increases due to shell burning  $\text{H} \rightarrow {}^4\text{He}$
- core radius follows non-relativistic white dwarf scaling  $R_{\text{He}} \propto 1/M_{\text{He}}^{1/3}$
- core contracts: density and temperature increase



Q: *what happens next?*

## Core Helium Ignition

core temperature and density increase until  ${}^4\text{He}$  can fuse  
...but how?

*Q: what 2-body reaction(s) possible?*

*Q: challenges?*

## Helium Burning: Challenges

2-body reaction  ${}^4\text{He} + {}^4\text{He} \rightarrow {}^8\text{Be} + \gamma$  possible, but...

- this reaction is (just barely) *endothermic*:  
must *supply energy* to go
- nuclear physics: *no stable nuclei* with mass  $A = 5$  and  $A = 8$   
so  ${}^8\text{Be}$  *unstable*: radioactive!  
 ${}^8\text{Be} \rightarrow {}^4\text{He} + {}^4\text{He}$  with lifetime  $\tau_8 = 8 \times 10^{-16}$  sec

other 2-body reactions even more disfavored

15 Q: *solutions?*

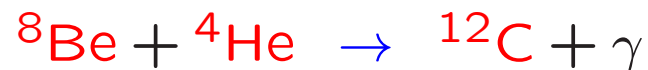
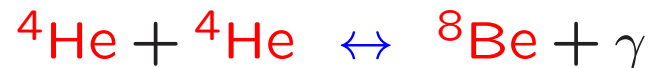
# The Triple-Alpha Reaction

in degenerate helium core

- density high
- temperatures high

3-body reactions possible

reaction proceeds in 2 steps



net result:  ${}^4\text{He} + {}^4\text{He} + {}^4\text{He} \rightarrow {}^{12}\text{C}$

- “triple alpha” with  ${}^4\text{He} = \alpha$  shorthand
- net effect *exothermic*
- but less energy release than in H burning



## Poll: Density Scaling of $3\alpha$

triple alpha:  $3^4\text{He} \rightarrow ^{12}\text{C}$

consider energy production rate: luminosity density

What is dependence on density?

**A**  $\mathcal{L} \propto \rho$

**B**  $\mathcal{L} \propto \rho^2$

**C**  $\mathcal{L} \propto \rho^3$

**D**  $\mathcal{L} \propto \rho^4$

# Helium Ignition

triple alpha:  $3^4\text{He} \rightarrow ^{12}\text{C}$

stellar recycling: **helium ash** of hydrogen burning becomes **fuel** for helium burning to carbon

## helium ignition occurs in degenerate core

- luminosity density

$$\mathcal{L}(3\alpha \rightarrow ^{12}\text{C}) \propto \rho^3 T^{19}$$

- huge density and temperature sensitivity
- favors first ignition in densest, hottest parts of core

once  $3\alpha$  burning ignited:

*Q: effect on  $T$ ? on  $P$ ? on  $\rho$ ?*

*Q: and so how does burning proceed?*

# The Helium Flash

triple alpha luminosity density

$$\mathcal{L}(3\alpha \rightarrow {}^{12}\text{C}) \propto \rho^3 T^{19}$$

favors ignition first in densest, hottest parts of core

ignition injects nuclear energy as heat

- raises  $T$
- but degenerate core:  $P$  nearly independent of  $T$   
so  $P$  and  $\rho$  almost unchanged  $\rightarrow$  *core does not expand!*  
contrast with stable H burn in Sun: ideal gas
- so *nuclear burning*  $\propto T^{19}$  goes *even faster!*

19 *this is a runaway process!*

*result is fast and violent: explosion in star core!*

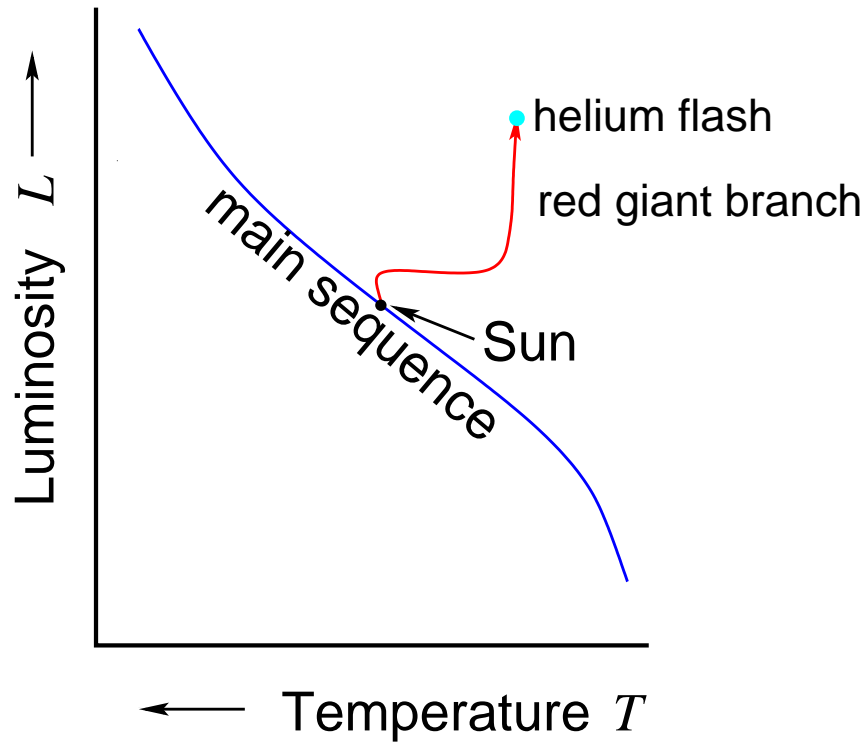
## Helium Flash

when degenerate core mass reaches  $M_{\text{He}} = 0.5M_{\odot}$ ,  
helium ignition starts runaway

- innermost He core burned to  $^{12}\text{C}$  in *seconds!*  
until core hot enough that degeneracy lifted  
becomes ideal gas and expands, slows burning
- huge energy release:  $L \sim 10^{11}L_{\odot}$   
internal explosion: **helium flash**
- but energy absorbed by envelope  
only escapes on diffusion timescale  
explosion not visible externally! aargh!

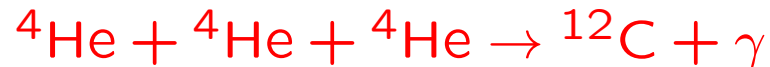
# Tip of the Red Giant Branch

He flash marks maximum rise of luminosity  
“tip of the red giant branch”



## Core Helium Burning

after helium flash, triple alpha continues in core with stable, non-explosive burning

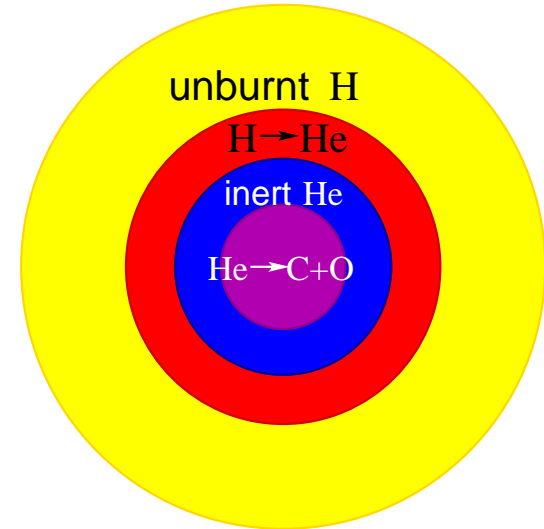


but also: when  ${}^{12}\text{C}$  begins to build up



net result: core converts  $4\text{He} \rightarrow {}^{12}\text{C}, {}^{16}\text{O}$   
luminosity higher than on main sequence

meanwhile: shell hydrogen burning continues  
adding to mass of helium core



## Horizontal Branch

core He burning: long-lived phase

but much shorter than core H burning

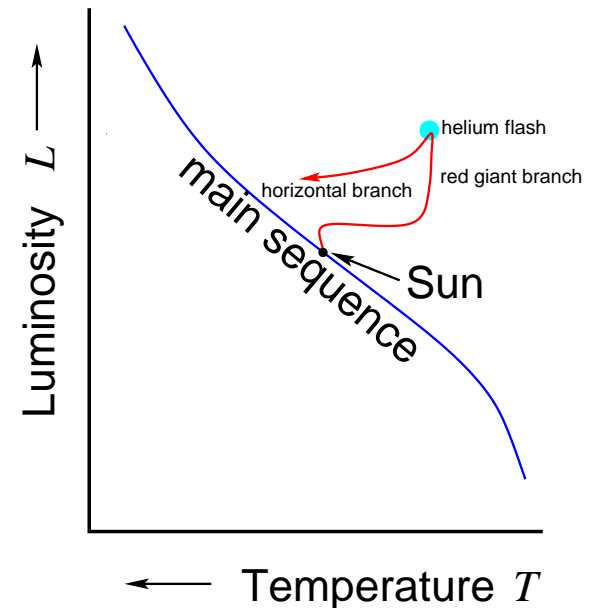
- $3\alpha \rightarrow {}^{12}\text{C}$  energy release much lower
- higher luminosity: faster fuel consumption

after core helium burning begins

envelope contracts

on HR diagram: lower  $L$  and higher  $T$

horizontal branch



## iClicker Poll: Fate of Carbon+Oxygen Core

at the end of core helium burning, star core is carbon+oxygen

*Vote your conscience!*

What's the fate of the CO core?

- A contracts until a new burning phase begins
- B contracts until degenerate without further burning
- C contracts until catastrophic collapse



## Core Helium Exhaustion

fate of the star after core helium exhaustion

*CO core contracts, becomes degenerate*

what's next *depends on star mass*

*for solar mass stars:* degenerate CO supports core  
but does not achieve conditions for further burning

we consider this case first, higher masses next

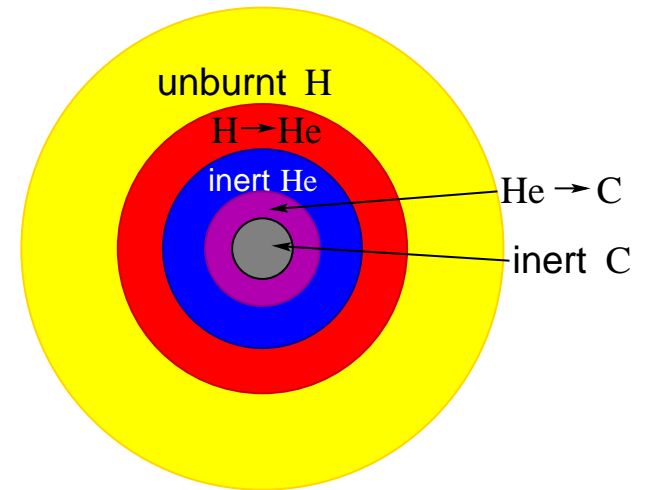
for solar mass stars:

25 Q: *response to CO core contraction?*

## Burning in Two Shells

for solar mass stars: after CO core forms

- *helium shell burning begins*
- *hydrogen shell burning continues*

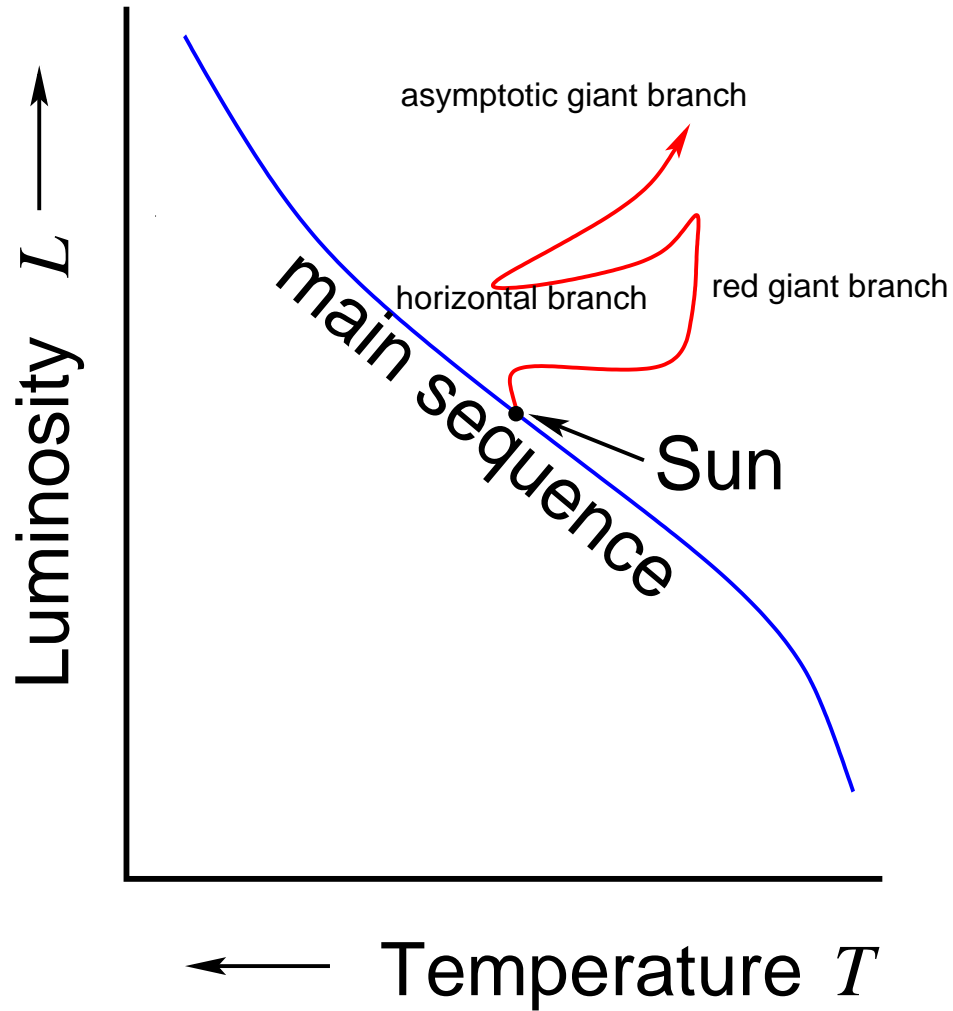


note similarity to end of main sequence

- shell burning raises luminosity dramatically
- shell “mirroring” effect → envelope expands again
- on HR diagram: again approaches giant branch

**asymptotic giant branch** star

# HR Diagram: Asymptotic Giant Branch



## Mass Loss

in Red Giant and AGB phases

- high luminosity
- large envelope with low density and temperature

envelope cool enough to form *atoms*

then forms *molecules*

then forms microscopic solids: *dust*

these absorb the light: driven by *radiation pressure*

star develops **wind** wwwMira

much stronger than on Main Sequence

and most intense in AGB phase: **superwind**

→ *drives off ~ 50% of star's mass*

*Q: how can we tell?*

# Planetary Nebula

effects of red giant wind and AGB superwind

- mass loss exposes stellar core!
- outer layers unbound, driven away  
escape to interstellar space
- gas nearest star illuminated by hot core  
UV radiation excites atoms: re-emit lines  
as in neon lamp

observationally: extended emission around star  
often disk geometry – looks like planet

planetary nebula

www: planetary nebula

## The End: White Dwarf

remaining degenerate core is white dwarf

- supported by degeneracy pressure
- initially hot, cools over time

if no companion: cools indefinitely

eventually will crystalize → phase transition to lattice

if a companion: fate depends on mass transfer